

9th GRADE FOOTBALL @MNHS 2010- INFORMATION SHEET

PHYSICAL EXAMS

Must be after June 1st by PIAA requirements.

Sports Physicals will be administered on June 16th from 11:30 AM – 2:30 PM in the high school gymnasium. COST = \$25 and should be paid at the time of the exam in cash. **THIS EXAM WILL COVER ALL SPORTS FOR THE ENTIRE SCHOOL YEAR (2010-2011).** Forms are included in the football packet or may be downloaded from the school athletics web page. The CIPPE FORM MUST BE Filled out (sections 1-3) AND SIGNED BY A PARENT PRIOR TO THE EXAMINATION. If Forms are not signed prior to the exam, the exam cannot be given. These exams will be administered on this date only. Physicals can also be scheduled by calling Alicia at Premier Orthopedics 610-353-0800 ext. 105. **NO ONE WILL BE ABLE TO RECEIVE EQUIPMENT OR PRACTICE WITHOUT A COMPLETED PHYSICAL EXAM.**

OTHER FORMS

In addition to the physical exam, an athletic consent form, athletic department student information sheet, and athletic department emergency info sheet should be handed in on the first day of practice.

OTHER EQUIPMENT NEEDS

Players should bring a personal drinking container for water to be used on the field during practice. It can be of any size. Plenty of water will be available during each practice. All containers should be marked with the player's name. We do this for health and safety precautions.

FOOTBALL CAMP

ALL 9th grade football players are invited. **WE ENCOURAGE ALL NINTH GRADERS TO PARTICIPATE.** The freshmen coaching staff will be present. **STUDENTS SHOULD REPORT FOR EQUIPMENT ON Monday August 16th at 7:45 AM.** Report to the Gym. **No One will receive their equipment without all forms completed.** **CAMP PARTICIPANTS WILL BE REQUIRED TO ATTEND ONLY THE FIRST PRACTICE OF THE DAY.**

After equipment handout on August 16th there will be an Athletic Department Orientation held in Harry Harvey Stadium at 10 AM. The players will be dismissed at approximately 10:45 AM on this first day of practice at high school.

The week beginning August 17th ... 7:30 AM-9:30 AM

Saturday & Sunday ...off

The week of August 23rd ...7:30 AM- 9:30 AM

Saturday & Sunday ...off

The week of August 30th- 9th grade practice time begins.

Practice from 3:30 – 5:30 PM. Monday through Thursday.

Friday September 3rd to Monday Sept.6th - no practice

PRACTICE FOR ALL RESUMES ON FIRST DAY OF SCHOOL - TUESDAY SEPTEMBER 7th at 3 PM.

ANY QUESTIONS PLEASE CALL COACH RAY GIONTA AT THE HIGH SCHOOL 610-359-4291

OR E-MAIL rgionta@mnsd.org or Head Freshmen Coach SCOTT WANNER at

www.swanner@mnsd.org

CHECK OUT OUR WEBSITE FOR ANNOUNCEMENTS WWW.MARPLENEWTOWNFOOTBALL.COM